

DECEMBER 2016



s Best						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Need help with breastfeeding? WIC can help Call the breastfeeding support WARM Line @ 410- 396-9427. Monday through Friday 8:30 am- 4:00 pm. (Baltimore City) For more information: Free prenatal /breastfeeding classes at your WIC clinic, call 410 396-9427. Prepare for baby!				1	2	3
4	5	6	7 Prenatal/Breastfeeding Classes, 11:30 am-12:30 pm. Held at all BCHD WIC locations. Free to all pregnant participants, dads and family support.	8	9	10
11	12	13	14	15	16	17
18	19	20	Prenatal/Breastfeeding Classes, 11:30 am-12:30 pm. Held at all BCHD WIC locations. Free to all pregnant participants, dads and family support.	22	23	24
25	26 Holiday	27	28	29	30	31



JANUARY 2017



S Best 5						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Need help with breastfeeding? WIC can help Call the breastfeeding support WARM Line or make an appointment @ 410 396- 9427. Monday through Friday, 8:30 am - 4:00 pm. (Baltimore City) For more information: Free prenatal /breastfeeding classes at your WIC clinic, call 410 396-9427. Prepare for baby!						
1	2 Holiday	3	4 Prenatal/Breastfeeding Classes, 11:30 am-12:30 pm. Held at all BCHD WIC locations. Free to all pregnant participants, dads and family support.	5	6	7
8	9	10	11	12	13	14
15	16 Martin Luther King Holiday	17	18 Prenatal/Breastfeeding Classes, 11:30 am-12:30 pm. Held at all BCHD WIC locations. Free to all pregnant participants, dads and family support.	19	20	21
22/29	23/30	24/31	25	26	27	28



FEBRUARY 2017



J's Best 5						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8 Prenatal/Breastfeeding Classes, 11:30 am-12:30 pm. Held at all BCHD WIC locations. Free to all pregnant participants, dads and family support.	9	10	11
12	13	14	15	16	17	18
19	20 Presidents' Day Holiday	21	Prenatal/Breastfeeding Classes, 11:30 am-12:30 pm. Held at all BCHD WIC locations. Free to all pregnant participants, dads and family support.	23	24	25
26	27	28		Need help with breastfeeding? WIC can help Call the breastfeeding support WARM Line @ 410-396-9427. Monday through Friday from 8:30 am - 4:00 pm. (Baltimore City) For more information: Free prenatal /breastfeeding classes at your WIC clinic, call 410 396- 9427. Prepare for baby!		